

## **CARE GUIDE**



## 1. DAILY CLEANING

Argen recommends cleaning your appliance daily before and after every use. Immediately after removal, use warm water (not to exceed 45°C/113°F) and soap to remove remaining saliva and debris from the device.

## 2. USING CLEANING AGENTS

For periodic removal of debris and maintenance, you can use any mild over-the-counter cleaning agents designed for oral devices. If needed, use a soft bristle brush to clean the inside of your appliance for debris removal. Some of the validated cleaning agents include Dawn dish soap, Polident, Efferdent, 3% peroxide solution, 15% bleach solution, and mouthwash.

## 3. CAUTIONS

- DO NOT SOAK your appliance in any liquid for more than 1 hour.
- DO NOT use abrasive cleaning agents (i.e. toothpaste) as it can shorten the life of your appliance.
- Dispose of the cleaning solution after every use. Rinse the appliance well prior to use.
- DO NOT SOAK the appliance in water hotter than 45°C/113°F due to risk of warping the device.

Argen recommends against eating or drinking with the appliance. Drinking hot liquid may affect the fit of the appliance. Please remove the device prior to eating for optimal performance, fit, and long life. Please remember to handle your Argen®FLEX dental appliance with care. Ensure to dry your appliance prior to storing it in the case to prevent bacterial growth.

